

## ILM Level 5 in Coaching & Mentoring

A high level view of the programme	
<b>Target audience</b>	This is ideal if you are a leader with significant responsibility for coaching and mentoring as part of your day-to-day role. It will also support you if you are planning to move into a development role in your organisation or start a career as a freelance coach and mentor.
<b>Qualification requirements</b>	You need to complete and pass three assignments. Each of these are approximately 3,000 words in length.
<b>Three assignments</b>	
<b>Practical coaching experience</b>	To pass the assignments you will have to evidence that you have undertaken 12 hours of coaching/mentoring - Your assignment questions will ask you to reflect on your planning, contracting, skills, tools, outcomes and learnings.
<b>12 hours coaching &amp; mentoring practice</b>	
<b>Learning modules three modules over 6 months</b>	This programme is modular in format to maximise the level of support as people progress through the formal qualification.
<b>Module 1 - 2 days</b>	<p><b>Module 1</b> -The skills principles and practice of effective management coaching and mentoring. This introductory module explores all the core skills in coaching and mentoring. It also helps participants to understand the role, limitations and ethical considerations when coaching others. The programme is rich in practical sessions and feedback.</p> <p><b>Module 2 - Building skills, feedback &amp; development</b> This two-day module is rich in models, tools and methods to improve coaching and mentoring skills. Participants will come away with a rich toolkit of methods and ideas to enhance their own coaching sessions.</p> <p><b>Module 3 - Coaching &amp; Mentoring in the workplace - experience and progress</b> This one-day programme contains a number of elements to help participants reflect on their own coaching skills and development needs. We also explore some of the core theories, ideas and concepts that underpin people development.</p>
<b>Module 2 - 2 days</b>	
<b>Module 3 - 1 day</b>	
<b>Supervision</b>	We will also run two group supervision sessions . These are half a day each. Ideally these are run in person in small groups but we will consider using virtual meeting rooms depending on the location of our participants. Participants will be offered the choice of a number of dates.
<b>Materials</b>	Our handouts are impressive and contain many tools and models that you will be able to use during your coaching sessions.
<b>Dates &amp; timings</b>	To be discussed.
<b>Where</b>	To be discussed.



# ILM Level 5 in Coaching & Mentoring

## About DTC

DTC has 16 years experience working with a broad range of clients from across Europe. We stand out because:

Our faculty all have experience at Senior/Executive level in organisations

We create impressive content and material that clients love to share and use as part of an ever growing toolkit

We listen well and respect the expertise our clients and participants bring

We have very impressive feedback. On a 10 point scale we score 8-10 every time

We are tech savvy. Our Leadership Apps continue to appear in the top download lists

We are practical, business focussed and sharp

We constantly seek to improve our programmes and our performance

We are easy to do business with

## About the Faculty



The key people delivering these programmes are:

### Andy Matheson

Andy is a very experienced Executive Coach working with CEO's and Board members in many of our client organisations. He is also has a wealth of experience in senior leader development with an engaging style as a facilitator. He will make the sessions engaging and fun as well as insightful.

### Ann Akers

Ann is in demand as an Executive Coach and has a long list of loyal clients who will point to Ann's transformational skills as a key part of their development. Ann can also look back on a successful board level career in a number of high-profile organisations. Ann brings a wealth of practical coaching skills as well as an authentic grasp of the challenges for senior and executive leaders.

### Eve Turner

Eve was named Coach of The Year by the EMCC in 2015 and has the most exhaustive list of qualifications and testimonials you could wish to see. Eve has become a leading expert in building a coaching culture and coach supervision.

## And for you

### This Program will provide:

Coaching & mentoring skills to an advanced level  
Many new tools and techniques  
Insightful feedback & development  
A leading qualification that will enhance you career opportunities

## Our commercial clients include:

European Central Bank  
Bank Of Ireland  
Ageas  
IBM  
Peveler  
Wyeth  
Innovise  
The Post Office  
Lloyds Banking Group  
Barclays  
RIAS  
NHS  
Fortis  
Zurich Financial Services  
Hampshire County Council  
Rolls Royce  
Egmont  
Rockwell Automation  
Cofunds  
Spectrum Housing  
Gillette  
Duracell  
Save The Children  
United Biscuits

### In addition you may find it

Inspiring  
Life changing  
Builds lifelong friends and connections  
Creates memories and stories that will live with you  
Unleashes your own potential